

GET THE LEMONS

1. Buy the lemons from Costco or a super market
2. Or get them from your tree or from a neighbor or friend
3. To start, get about 1 pound that will make about 2 cups of pure juice
Then enough fruit to make juice that will fill the designated area in your freezer for juice

GET THE JUICER



1. The simplest juicer you can get at most super markets - Hand juicer for under \$10
2. Most small appliance stores have several types of juicers
Coller's Hardware store, Bed, Bath & Beyond
3. Use a Kitchen Aid with a Citrus attachment
I added a small strainer, stir stick & a quart mason jar to caught the juice
4. Or use a small fruit press (get one on-line for under \$100)



GET SOME OTHER STUFF

1. A knife to cut the lemons
2. Some paper cups with lids - Or 1 cup mason jars
3. A quart (or multi-quart) container to put the lemon aide in
A mason jar with lid works well

YOU ARE READY TO BEGIN

1. Cut the lemons in half across the small diameter
2. Juice the lemons
3. Put the juice in the paper cups or jar; leave space for expansion; put the lids on them
4. Put the cups in the freezer
5. Measure the juice that less than a cup; Multiply the ounces by 15; add that much water
Add sugar to taste (Or NONE); Stir & Drink

WHEN YOU WANT SOME LEMON AIDE

1. Take one cup of lemon juice from the freezer for each quart you wish to make
2. Put the juice in the quart (or multi quart) container
3. Fill container 3/4 full of water - Add sugar to taste or Try NO SUGAR
4. Add the lid & set aside until the juice melts
5. Shake container to mix - Add water to fill the container
6. Put in frig to cool - ENJOY

5 pounds of fruit makes 4-5 cups of juice

Ingredient	x1	x2	x3	x4	
Lemon Juice	1	2	3	4	Cups
Water	5	10	15	20	Cups
Sugar	1/4	1/2	3/4	1	Cups
Makes	1 Qt	2 Qtrs.	3 Qtrs.	4 Qtrs.	